

# Community Conversations

You are invited to our Fall Community Conversations series.

From mental health to diabetes management, these virtual conversations provide timely information about healthcare concerns that impact our communities. The series will be facilitated by Dr. Anita Chopra, internal medicine physician at UW Medicine Primary Care at Shoreline, and will feature a diverse group of UW Medicine experts.

Learn from our experts so you can provide current, evidence-based information to your community. Everyone is welcome to attend. Please invite friends and loved ones!

## RSV in Adults, COVID-19 Boosters and Flu Shots Friday, Oct. 20, 2023, noon – 1 p.m.

Join Dr. John Lynch, an infectious disease expert and the medical director of Harborview Infection Prevention & Control program, to hear the latest guidance about RSV, COVID-19 and flu vaccines and boosters. You can submit your questions in advance.

## Equitable Access to Breast Cancer Screenings Friday, Oct. 27, 2023, noon – 1 p.m.

Learn about the ways UW Medicine is working to provide more equitable access to Breast Cancer care. You can submit your questions in advance.

## Diabetes Management and Nutrition Friday, Nov. 17, 2023, noon – 1 p.m.

Join our expert panelists for helpful information on diabetes management and nutrition for individuals with diabetes and their caretakers. You can submit your questions in advance.

## Managing Seasonal Affective Disorder and Depression Friday, Dec. 15, 2023, noon – 1 p.m.

Hear about ways you and your loved ones can better cope with seasonal affective disorder and depression. You can submit your questions in advance.



**Moderator:**

Dr. Anita Chopra,  
Internal Medicine Physician

Scan QR Code to register or  
share with your communities

