

Office of Healthcare Equity

Foundational EDI Course: Social Determinants of Health

Discussion Guide (for use after completing the course)

Discussion Prompts

1. What is your understanding of social determinants of health? Try defining it in your own terms.
2. Consider the social conditions for your family or immediate community in private. What factors might affect your health? Some things to consider could be but not limited to:

Economic Stability	Neighborhood & Physical Environment	Education	Food	Community & Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social Integration	Health Coverage
Income	Transportation	Language	Access to Healthy Options	Support Systems	Provider Availability
Debt	Safety	Early Childhood Education		Community Engagement	Provider linguistic competency
Medical Bills	Playgrounds	Vocational Training		Discrimination	Provider Cultural Competency
Support	Walkability	Higher Education		Stress	Quality of care
	Zip code/geography				

Health Outcomes

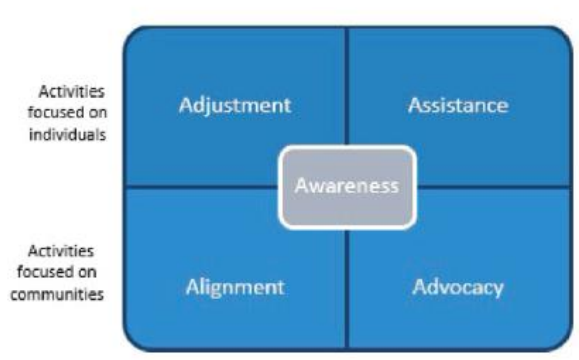
Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

Table adapted from Kaiser Family Foundation

Questions about this guide:

hcesched@uw.edu

3. Share something that was unexpected or surprising as you completed this reflection.
 - a. What did you not think of before this training regarding your health?
 - b. How have the social and economic factors affecting you changed over time in your life
 - i. What might change? Has the walkability of your neighborhood changed? New developments that could improve your social factors? Consider upcoming policies, age, familial dynamics and responsibilities Add examples?
4. The talk presented multiple data slides showing concerning economic, educational, neighborhood, and mortality inequities between racial groups. What stood out for you or what will you remember? Can you share three startling facts with friends or family who did not attend the training? What would you share with them?
 - a. What are two takeaways from this training for you?
 - b. The talk reviewed how a clinician accesses information about their patient’s socio-economic factors. How will this information affect how you provide care to your patients? What are obstacles in your way? What could support look like?
5. Value-based care explicitly names social determinants of health as playing a critical role in health outcomes for patients. Consider integrating social care into UW Medicine’s delivery of healthcare model. In the following table from the presentation that talked about transportation related examples. Pick one of the following focus areas - food access, debt, quality of care, etc. and come up with examples for the different parts of the process.



Social Determinant Focus :		
Activity	Definition	Examples

Questions about this guide:

hcesched@uw.edu



Awareness	Activities that identify the social risks and assets of defined patients & populations.	
Adjustment	Activities that focus on altering clinical care to accommodate identified social barriers.	
Assistance	Activities that reduce social risk by providing assistance in connecting patients with relevant social care resources.	
Alignment	Activities undertaken by healthcare systems to understand existing social care assets in the community, organize them to facilitate synergies, and invest in and deploy them to positively affect health outcomes.	
Advocacy	Activities in which health care organizations work with partner social care organizations to promote policies that facilitate the creation and redeployment of assets or resources to address health and social needs.	

Share (if any) related activities going on in clinical workplaces attempting to bridge gaps in social determinants of health

Questions about this guide:

hcesched@uw.edu

